

# ADHD

## **We do not treat Attention Deficit Hyperactivity Disorder.**

However, since ADHD appears as a neurological disorder and chiropractic care attempts to reduce nervous system disturbances, many parents who want a natural, non-drug solution for their child have found chiropractic care helpful.

### **Common Symptoms**

The classic signs that parents and teachers notice:

- \* In attention, hyperactivity and being easily distracted
- \* Difficulty concentrating and sitting still
- \* Inability to control impulsive thoughts and behaviors
- \* Easily distracted by noise and activities
- \* Always moving-fingers, hands, arms, feet or legs

### **Traditional Treatment**

A popular approach to controlling symptoms of ADHD is to administer regular doses of methylphenidate. More commonly known as Ritalin.

**Ritalin is a schedule II controlled substance related to, and producing similar effects, amphetamines and cocaine. The side effects, including personality changes and permanent changes to the brain, cause many parents to look for alternatives.**

### **Chiropractic : Pure and Natural**

Instead of treating symptoms of hyperactivity, we look for disturbances to the child's nervous system. We often find problems caused by spinal distortions in the upper neck.

In fact, this link between the spine, brain stem dysfunction and ADHD is common. A thorough chiropractic examination can reveal noticeable spinal distortion, even a reversal of the normal neck curve. That's why we often recommend a schedule of safe and natural chiropractic adjustments to help reduce the accompanying nervous system tension.

### **Find Out More**

As parents, we want the best for our children. If your child exhibits the symptoms of ADHD, you know it affects everyone your child is in contact with. As you consider your options, get a thorough chiropractic evaluation. Call our office today ....903-729-4325