

# Bed Wetting



Bedwetting take a tremendous toll on children. The embarrassment, no sleepovers, plastic mattress covers, frustration, diapers and the inability to fit in.

Before the age of 5 , most children have poor bladder control at night, but if your child is having problems with bedwetting after that the inability to stay dry at night may be sign of an underlying problem.

Did you know that there are two main muscles that control emptying the bladder. Nerves that exit the spinal column in the lower back and sacrum control these muscles. If these areas become misaligned the bladder will not function properly causing bedwetting. These misalignments can come from falling, learning to walk, or even riding a bike.

During a routine examination we look for these misalignments . When these misalignments are corrected by chiropractic adjustments nervous system control and regulation of the bladder may often be restored.

**KEEP YOUR CHILD HEALTHY AND HAPPY....TRY CHIROPRACTIC**